

10 things you need at your first Toronto fashion week

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First timer at Toronto Fashion Week? Of course, you're worrying about what to wear.

You want to look like you belong in the giant white tent at David Pecaut Square, the style hub where all the shows are taking place, and not like an extra who wandered over from *War Horse*, playing across the street at the Princess of Wales theatre. The last thing you want is to stand out for all the wrong reasons.

In that spirit, we bring you a list of must-have items for Toronto fashion week, the 10 things we suggest you carry if you want to get noticed, and be comfortable. Yes, comfortable.

Oh, one more thing: Regardless of the labels on your clothing, there is one thing you should wear proudly: a smile.

Yes, fashion is a serious, billion-dollar business that employs countless people, but it should also be fun.

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1. Printed pants

Printed pants are one of spring's hottest trends, while colour and print is the combo you need to catch the eye of street style photographers. Capri, \$354, J.Crew

2. Smartphone

Any brand will do, as long as you don't hold up your iPad to video an entire show. That's very irritating for the person seated behind you. You need something small just to snap a pic, write a Tweet and update Facebook. You've got to let people know you were in the thick of the action, don't you? iPhone 4S, from \$649, Apple

3. Sunglasses

These are strictly for your entrance, not to be worn while watching a show. Only one woman has that privilege: Anna Wintour. It's an amateur move for anyone else. Prada sunglasses, \$310, Holt Renfrew

4. Clutch

Leave the gargantuan totes at home. They take up too much space in the cramped runway seating area. Pick up another hit item on the spring trend list: the clutch. Object clutch, \$149, Danier

5. Notebook

Make it small and black, like the eternally chic Moleskine notebook. It's polished and professional, and someone may mistake you for an editor or buyer. Moleskine notebook, \$16, Indigo

6. Pointed-toe pump

Shoes are returning to lady-like shapes and styles. Put your best foot forward in an elegant, pointy-toe stiletto. This version is from Manolo Blahnik, but you can find similar styles at Aldo and Zara. Manolo Blahnik suede pump, \$595, Holt Renfrew

7. A bottle of water

You need to hydrate. Skip the brand you usually buy at the corner store for a petite bottle with a clean design.

8. Mints

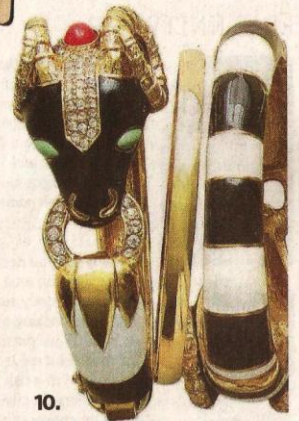
With all the air kissing at fashion week, it's a good idea to keep your breath fresh.

9. Hand sanitizer

With seating for 900-plus, there are a lot of people entering and exiting the tent along with a heck of a lot of germs. One-Step Hand Sanitizer, \$1.49, at drugstores

10. Jewellery

Go crazy with big, bold accessories. A stack of bracelets and dangly, sparkly earrings will have the street style photographers outside the tent going in for a closeup. Bangles, from \$21.50 to \$116, J. Crew



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